



# Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed  
Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator:  
[anthony.riosacg.org.au](mailto:anthony.riosacg.org.au)

Fr Renoir Oliver Jr SSS : [renoir.olivercg.org.au](mailto:renoir.olivercg.org.au)

Fr Sebastian Luistro SSS: [sebastian.luistrocg.org.au](mailto:sebastian.luistrocg.org.au)

Parish Secretaries: Kathie Guillester & Danielle Firat  
0416 823 447 (Campbell & Watson)

0412 128 038 (Canberra Central & O'Connor)

[innorthcg.org.au](mailto:innorthcg.org.au)

<https://www.cginnorth.org.au>

PO Box 900, Dickson ACT 2602

## Parish Offices Opening Hours:

Watson Blackfriars Thursday & Friday 9am-1.00pm | Dickson St Brigid's Tuesday & Friday 9.30am-1.00pm

O'Connor St Joseph's Wednesday & Thursday 9.30am-1.00pm

Campbell St Thomas More Tuesday & Wednesday 9am-1.00pm

## 17th Sunday in Ordinary Time | Year B | 28 July 2024

REFLECTION: Jesus was always concerned for the human needs of people as well as the spiritual. In today's gospel he knows that the people have nothing to eat and he is anxious to remedy that. In other episodes we see him healing the sick, comforting the grieving, reaching out to the lost and outcast, to sinners. In the prayer he taught us, he urged us to ask the Father to 'give us this day our daily bread'. This bread can refer to himself, the Bread of Life, that we receive in Communion but it also refers to the food we need for sustenance every day. In this gospel we also note the concern of Jesus that none of this food gets wasted as he urges the disciples to collect all of the scraps left over. Today we live in an age of incredible wastefulness, a throwaway society. Huge amounts of food are dumped every day. Today is a good day to consider our use of resources on this earth. One of the paradoxes of life is how a little can go a long way, as the boy with the five barley loaves and two fish demonstrates, while excess often leads to waste and leaves many hungry. (From Gods Word, Daily Reflections 2024)

### Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—[anthony.riosacg.org.au](mailto:anthony.riosacg.org.au) - Maria Hicks (Manager) - Phone 02 6239 9806 - Institute of Professional Standards & Safeguarding (IPSS) [ipsscg.org.au](mailto:ipsscg.org.au)

### Parish Safeguarding Officers

Blackfriars Parish, Watson: Nicole [watson.safeguardingcg.org.au](mailto:watson.safeguardingcg.org.au)

Canberra Central, Dickson & Braddon: Barbara & Catherine: [CanberraCentral.Safeguardingcg.org.au](mailto:CanberraCentral.Safeguardingcg.org.au)

St Joseph's O'Connor: Fiona: [occonnor.safeguardingcg.org.au](mailto:occonnor.safeguardingcg.org.au)

St Thomas More, Campbell: Monica: [Campbell.safeguardingcg.org.au](mailto:Campbell.safeguardingcg.org.au)



**BLACKFRIARS PARISH**  
Cnr Phillip Avenue & Antill  
Street,  
Watson ACT  
2602

Fr Renoir Oliver Jr SSS  
Facebook:

[www.facebook.com/Holy-Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)



**CANBERRA CENTRAL inc:**  
**ST BRIGID'S** 2 Bancroft St  
Dickson ACT 2602  
**ST PATRICK'S** 1 Donaldson St  
Braddon ACT 2612

Fr Sebastian Luistro SSS



**ST JOSEPH'S PARISH**  
61 Boronia Drive,  
O'Connor ACT 2602  
Fr Anthony Riosa SSS

Facebook :  
[www.facebook.com/stjosephsoconnor](https://www.facebook.com/stjosephsoconnor)



**ST THOMAS MORE PARISH**  
30 White Crescent  
Campbell ACT 2612  
Fr Anthony Riosa SSS

Website: Facebook:  
[facebook.com/st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)

**Entrance Antiphon - Cf. Ps 67: 6-7, 36**

God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength to his people.

**First Reading - 2 Kings 4:42-44**

**Responsorial Psalm - Psalm 144(145):10-11,15-18**

The hand of the Lord feeds us; he answers all our needs.

**Second Reading - Ephesians 4:1-6**

**Gospel Acclamation - Luke 7:16**

Alleluia, alleluia!

A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

**Gospel - John 6:1-15**

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

**Communion Antiphon - Ps 102:2**

Bless the Lord, O my soul,  
and never forget all his benefits.

**2024 World Day of Prayer for Grandparents and the Elderly - 28 July 2024**

On this Fourth World Day devoted to Grandparents and the Elderly, His Holiness, Pope Francis asks us to "show our tender love for the grandparents and the elderly members of our families. Let us spend time with those who are disheartened and no longer hope in the possibility of a different future. In place of the self-centred attitude that leads to loneliness and abandonment, let us instead show the open heart and the joyful face of men and women who have the courage to say 'I will not abandon you', and to set out on a different path."

**Fr Peter James Gannon 4-10-1944—24-07-2024**

After a long struggle with his health, Fr Peter Gannon, former parish priest of St Patrick's Braddon (1970 - 1973) has entered into eternal rest. We are honoured to host a Requiem Mass for the repose of Fr Gannon's soul in our Inner North Parish of **St Brigid's Dickson on Tuesday 30th July at 10.30am.**

**✨ Alpha Come and See! ✨ - from 4 August**

We are thrilled to announce that the Inner North Catholic Community will be hosting the Alpha Programme, a wonderful opportunity for **\*everyone\*** to explore the Christian faith, deepen their relationship with Jesus, and build meaningful friendships within our parish community.

📅 When: 4 August 2024

📍 Where: First session is at **Watson**

📧 Register Here: [innorth@cg.org.au](mailto:innorth@cg.org.au) (ALPHA in subject line) or just turn up! We can't wait to see you there and embark on this spiritual adventure together. Let's grow in faith, love, and community through the Alpha Programme! 🙏✨

**Inner North Catholic Teen's Youth Group - 27 July**

With students back at school, the Inner North Catholic Youth Group for teenagers in grades 7-12 returns **Saturday the 27th of July, at 7pm!** Join us at St Brigid's Dickson for dinner, followed by a talk on our first topic: **Ways to Pray.** This school term, the teen's youth group takes place every odd week. For more information, contact us at [youth.innorth@cg.org.au](mailto:youth.innorth@cg.org.au).

**Blessed Sacrament Fathers Welcoming Mass - 12 September**

SAVE THE DATE: The Archbishop will celebrate Mass to formally welcome the Blessed Sacrament Fathers to the Inner North Catholic Community and the Archdiocese at **5.30pm on Thursday 12 Sept, at Holy Rosary Church, Watson.**

## Mary & the Saints Pilgrimage - 10 October

A pilgrimage from Fatima to Lourdes with **Fr Kevin Saunders OP** (former provincial, Blackfriars, Watson). From the anniversary celebrations in Fatima, through to the walled city of Avila, onto Santo Domingo de Silos, Loyola and Lourdes, this will truly be a pilgrimage so full of grace. Participate in this Marian pilgrimage with Dominican connections. Commencing 10 October 2024 for 11 days. Land price from \$4990. For more information - <https://www.harvestjourneys.com/tour/mary-and-the-saints/>

## Baptisms

Congratulations to those being Baptized in our Inner North Parishes this weekend: Edie Jones at St Brigid's Dickson and Edward Lawrance at St Joseph's O'Connor. May their lives be filled with God's peace and their hearts with God's love, on this Baptismal day and all days to come.



## BLACKFRIARS, WATSON

### Rosary Parish BBQ—Last Sunday of every month

Watson parish BBQ and cuppa straight after the 10am mass. All welcome!

## CENTRAL CANBERRA, BRADDON & DICKSON

### Happy birthday Ashley

Happy birthday to our beloved long-term St Patrick's parishioner, Ashley Bawden. May the Lord bless you and keep you on your birthday and all your days.



## ST JOSEPH'S O'CONNOR

### Adoration Vigil - 2 August

On Friday, 2nd August there will be, from 5pm to 10pm, a Prayer and Eucharistic Adoration Vigil for the Sacred Heart of Jesus and the Immaculate Heart of Mary at St Joseph's Parish Centre (next to the church). All welcome to stay or to come and go during the evening.

## ST THOMAS MORE, CAMPBELL

### Call to Ministries

St Thomas More's Parish will be hosting a call to ministries over the next 2 weeks in the lead-up to a Commissioning Mass for our renewed PPC and other ministries...

## OUR RECENTLY DECEASED

Our recently Deceased: May they find peace and comfort in the embrace of the Lord:

Fr Peter Gannon, Fr Pat Kenna, Mary O'Hanlon, Megan Dark.

## IN LOVING MEMORY

Dorothy Olsen, Katey Tuite, Carmelo Abbondante, Catherine Spano, Zelma McManus, Brian Ward, Marjorie Eileen and Joseph Martin Lyons.

## THOSE WHO NEED OUR PRAYERS

Pat Turnbull, Bishop Pat Power.

*Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.*

"There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different people, it is working in all of them." 1 Cor 12:3-7,12-13. As in a family, we in St Thomas More Parish should all be keen to share our gifts in maintaining a vibrant and inclusive parish family. There are many ministries within our Parish with which you would be welcome to engage, such as welcomers/ushers, morning teas, readers, IT/Social media, faith formation, Acolytes/Altar servers, liturgy, musicians, outreach and home care, and so much more.

### St Thomas More Parish 60th Anniversary Celebration - 17 Nov

SAVE THE DATE We invite you to celebrate 60 years with us! Celebrations commence at 10am with a family Mass, which will be followed by BBQ brunch and lawn games. 30 White Crescent, Campbell.

## ARCHDIOCESE

### Women's Breakfast - 8 August

Please see the flyer in your church foyer advertising a women's breakfast with Dr Helen Alvare' at the Hyatt. Please support.

### Christ the Firm Foundation Day Retreat—10 August

St Gregory's Parish Queanbeyan invites all adults (18+) to join the Dominican Sisters of St Cecilia for an uplifting day of spiritual renewal and inspiration! Saturday 10th August, 10am to 6pm at St Gregory's Primary School Hall, Queanbeyan. Cost is \$20 and registration is essential: [www.trybooking.com/CODMW](http://www.trybooking.com/CODMW).

**PARISH BULLETIN - DEADLINE for notices is 12 pm WEDNESDAY**  
Ph: 0416 823 447 | 0412 128 038 email: [innernorth@cg.org.au](mailto:innernorth@cg.org.au)

**MASS TIMES****Blackfriars** Cnr Phillip Ave & Antill St, Watson

Tuesday to Friday	5.30pm
Saturday (vigil)	5.00pm
Sunday	10.00am 5.00pm

**St Brigid's** 2 Bancroft St, Dickson

Tuesday to Saturday	9.00am
Saturday (vigil)	6.00pm
Sunday	9.30am
Vietnamese Mass Sunday (1st & 3rd)	5.00pm

**St Joseph's** 61 Boronia Drive, O'Connor

Tuesday to Friday	9.15am
Saturday	8.30am
Saturday (vigil)	6.00pm
Sunday	8.30am

**St Patrick's** 1 Donaldson St, Braddon

Tuesday to Friday	12.30pm
Sunday	8.00am
German Mass Sunday	10.00am

**St Thomas More** 30 White Cres, Campbell

Friday * (1st & 3rd of the month)	11.45am
Sunday	10.00am

\* School attends during school term

**CONTRIBUTIONS TO CLERGY & PARISH****Contribute to the First Collection:**

Account Name: Central Presbytery Fund  
 BSB: 062-786 - Bank Account: 00029248  
 Reference: Your parish location, name and intention (e.g. Campbell Smith 1st collect)

**Contribute to your parish:**

**Canberra Central** : A/C Name Canberra Central Parish  
 BSB: 062786 A/C: 00013150 Ref: Name & Giving Number  
**Blackfriars**: A/C Name: Blackfriars Parish Watson  
 BSB: 062786 A/C: 00013341 Ref: Name & Giving Number  
**St Joseph's**: A/C Name: St Joseph's Parish  
 BSB: 062 786 A/C: 00012798 Reference: Parish & Name  
**St Thomas More**: A/C Name: St Thomas More Parish  
 BSB: 062786 A/C: 00014869 Ref: Campbell/Surname

**SACRAMENT & DEVOTION TIMES****Blackfriars** Cnr Phillip Ave & Antill St, Watson

Reconciliation	
Saturday	4.00 - 4.30pm
Adoration of the Blessed Sacrament	
Friday	6.00 - 7.00pm
Rosary Prayers	
Sunday (1st & 3rd of the month)	9.00am

**St Brigid's** 2 Bancroft St, Dickson

Reconciliation	
Saturday	9.30 - 10.00am 5.30 - 5.50pm
Adoration of the Blessed Sacrament	
Wednesday	8.00am - 8.00pm
Saturday	9.30am - 10.00am
Rosary Prayers	
Tuesday to Saturday	8.30am
Anointing of the Sick	
Sunday (3rd of the month)	After 9.30am Mass

**St Joseph's** 61 Boronia Drive, O'Connor

Reconciliation	
Friday (during Holy Hour)	8.15 - 9.00am
Saturday	5.30 - 6.00pm
Adoration of the Blessed Sacrament	
Tuesday to Friday	8.15 - 9.00am
Rosary Prayers	
Tuesday to Friday (Cenacle on Thursdays)	After 9.15am Mass
Saturday Rosary Novena - Our Lady of Perpetual Help	8.15am (before Mass)
Anointing of the Sick	
Saturday (1st of the month)	8.30am

**St Patrick's** 1 Donaldson St, Braddon

Reconciliation	
Friday	12.00—12.30pm
Adoration of the Blessed Sacrament	
Friday	11.30am - 12.30pm

**St Thomas More** 30 White Cres, Campbell

Anointing of the Sick	
Sunday (1st of the month)	11.15am